

2023 AP Psychology 6-Week Study Plan



Quick Resources

AP Boot Camp

Study Guides






Score Predictor

YouTube

TikTok







Week 1 (March 26-April 1)

Unit 1

-  [Unit 1 Overview](#)
-  [Unit 1 Study Guide](#)
-  [Scientific Foundations of Psychology](#)
-  [Top 5 FRQ Questions](#)
-  [Unit 1 Flashcard Quiz](#)








Week 2 (April 2-8)

Units 2 & 3

-  [Unit 2 Overview](#)
-  [Unit 2 Study Guide](#)
-  [How to get better at writing FRQs](#)
-  [Unit 3 Overview](#)
-  [Unit 3 Study Guide](#)
-  [Biological Behaviour](#)







Week 3 (April 9-15)

Units 4 & 5

-  [Unit 4 Overview](#)
-  [Unit 4 Study Guide](#)
-  [Unit 5 Overview Playlist](#)
-  [Unit 5 Study Guide](#)
-  [Cognitive Psychology](#)
-  [Unit 5 Flashcard Quiz](#)
-  [Answer 2-3 FRQs from previous exams and score yourself](#)






Week 4 (April 16-22)

Units 6 & 7

-  [Unit 6 Overview](#)
-  [Unit 6 Study Guide](#)
-  [Unit 7 Overview](#)
-  [Unit 7 Study Guide](#)
-  [Multiple Choice Practice Quiz](#)
-  [Motivation, Emotion, & Personality](#)




Week 5 (April 23-29)

Units 8 & 9

-  [Unit 8 Overview](#)
-  [Unit 8 Study Guide](#)
-  [Unit 9 Overview](#)
-  [Unit 9 Study Guide](#)
-  [Take a full practice test!](#)

Week 6 (April 30-May 2)

Exam Week!

-  [AP Psych Exam Review 1](#)
-  [AP Psych Exam Review 2](#)
-  [Live Review \(time TBD\)](#)

AP Psych Exam
Tue, May 2, 12 PM local