

2024 AP[®] Psychology 6-Week Study Plan



Quick Resources

AP Boot Camp

Study Guides

Score Predictor

YouTube

TikTok

Week 1 (March 31-April 6)

Unit 1

- [Unit 1 Overview](#)
- [Unit 1 Study Guide](#)
- [Scientific Foundations of Psychology](#)
- [Top 5 FRQ Questions](#)
- [Unit 1 Flashcard Quiz](#)

Week 2 (April 7-13)

Units 2 & 3

- [Unit 2 Overview](#)
- [Unit 2 Study Guide](#)
- [How to get better at writing FRQs](#)
- [Unit 3 Overview](#)
- [Unit 3 Study Guide](#)
- [Biological Behaviour](#)

Week 3 (April 14-20)

Units 4 & 5

- [Unit 4 Overview](#)
- [Unit 4 Study Guide](#)
- [Unit 5 Overview Playlist](#)
- [Unit 5 Study Guide](#)
- [Cognitive Psychology](#)
- [Unit 5 Flashcard Quiz](#)
- Answer [2-3 FRQs from previous exams](#) and score yourself

Week 4 (April 21-27)

Units 6 & 7

- [Unit 6 Overview](#)
- [Unit 6 Study Guide](#)
- [Unit 7 Overview](#)
- [Unit 7 Study Guide](#)
- [Multiple Choice Practice Quiz](#)
- [Motivation, Emotion, & Personality](#)

Week 5 (April 28-May 4)

Units 8 & 9

- [Unit 8 Overview](#)
- [Unit 8 Study Guide](#)
- [Unit 9 Overview](#)
- [Unit 9 Study Guide](#)
- [Take a full practice test!](#)

Week 6 (May 5-9)

Prepare for the exam

- [AP Psych Exam Review 1](#)
- [AP Psych Exam Review 2](#)
- Check our [events schedule](#) to join live study sessions!

AP Psychology Exam
Thu, May 9th, 12 PM local